Carefully read each of the ten statements below and insert the number between 1 and 5 that best represents your response.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Strongly Disagree** | **Disagree** | **Neutral** | **Agree** | **Strongly Agree** |
| 1 | 2 | 3 | 4 | 5 |

|  |  |
| --- | --- |
| In my current role, I’m utilizing my primary gifts and abilities. |  |
| I’m motivated and challenged in my day-to-day activities. |  |
| I draw satisfaction and fulfillment from my current contributions. |  |
| I feel energized and encouraged in my primary responsibilities. |  |
| I have a sense that I’m making a significant contribution to my organization. |  |
| The ability to fulfill my current responsibilities comes naturally and easily. |  |
| I receive feedback from others that I’m in a good role fit. |  |
| I experience little frustration in my current role. |  |
| I don’t experience unmanageable stress in my current role. |  |
| My relationships with co-workers are generally free of conflict. |  |
| **TOTAL** |  |

**INTERPRETING YOUR SCORE**

|  |  |
| --- | --- |
| 1-14 | Marginal |
| 15-39 | Moderate |
| 40-50 | Maximizing |