

CURIOUS

A Tool for Building Better Questions

Exploring transformational awareness that aligns to His Spirit at work within us and is shown through the fruit of relational connection.

COMPASSIONATE

Explores how to care well for others, felt needs and emotions, affirms and lifts up the spirit of those we walk alongside. Expressed through empathy and seeing the world through their eyes as they engage.

TYPES OF QUESTIONS:

- What emotions are you experiencing right now?
- What are the felt needs you want to explore?

UNDERSTANDING

Exposes key character traits, values and worldview held by those you are walking alongside.

TYPES OF QUESTIONS:

- What core values are most important to you?
- What challenges have you overcome that can help you move forward?

RELATIONAL

Establishes trust and safety; sows engagement at a personal level; demonstrates patience.

TYPES OF QUESTIONS:

- How can I protect your heart and guard confidentiality?
- When would be the best time for us to get together?

INSIGHTFUL

Life giving, uplifting, inspirational, growth-oriented, forward thinking, help them explore new perspectives.

TYPES OF QUESTIONS:

- What are some other ways to approach this challenge?
- What makes you most passionate?

OPEN

Shows vulnerability and transparency, brings a sense of joy or peace; explores how others might be affected.

TYPES OF QUESTIONS:

- What are some of your biggest fears as you move in that direction?
- Who else might you need to consider when taking that action?

UNASSUMING

Looks beyond mistakes, peers into the heart, goes below the surface; faithfulness to overlook faults, shows patience.

TYPES OF QUESTIONS:

- You said "I always fall short," how true is that in your heart and mind?
- How does this line up with the way God sees you?

SINCERE

Learner's mindset, tenacious, leaning in with insights; speaking truth in love; persistent.

TYPES OF QUESTIONS:

- What is your gut saying to you?
- What are you learning about yourself?