



CORE TRAINING **JOURNAL NOTES**



The Five Traits of a Disciplemaker are foundational principles for all Navigators, which is why they are the central tenants of Navigator Core Training! Not only are they foundational, but they build on one another - you can't have one without the others. In Core training, Navigator 101 is also added into the mix because we believe that all Navigators should have an understanding of where we come from to help us get to where God wants us.

The way that these six elements of Core Training build upon each other is easily illustrated through the image of a cairn. Cairns are historic stone markers that have been used across centuries and continents to mark the way along important routes. You'll sometimes come across them today if taking a hike - they signify where the true trail goes up a mountain or to a beautiful landmark. The Navigator Core (The Five Traits of a Disciplemaker and Navigator 101) are a sort of marker for Navigators as we follow the trail to making disciples who make disciples. They act as a reminder and a guidepost - something that God uses to nudge us in the right direction toward His purposes.

This is why we chose the image of the cairn to represent Core Training. You'll see throughout this journal (including on the cover) the image of a cairn with six stones. Each stone represents a course of the Core Training. The courses build upon each other, and together create a beautiful reminder of where we are going together as an organization. It's an exciting time to be a Navigator as we work toward making one million disciplemakers by 2030.

COURSE ONE



SECTION 1: SPIRITUAL DISCIPLINES

Introduction to Spiritual Disciplines

Consider the following questions that Katy Jonswold asks in her audio:

- Whose steps am I following in today; what am I allowing to distract me from hearing my Father's voice?

- Is the hunger of my soul being filled with the treasure of His words?

SPIRITUAL DISCIPLINES PLAN

Use the space below to reflect on what you chose to implement as your spiritual disciplines plan.

SPIRITUAL DISCIPLINES REFLECTION

Use the space provided to draw or write as you reflect on what it means to walk with Jesus and abide in Christ - our ultimate goal as Christians.

Take some time to consider Navigator Martha Lawry's questions from "Five Traits of a Christ Follower" (NavPress, 2015, p.6):

1. What is one situation you will likely face today that could distract you from your connection to God?

2. How can you properly prioritize your time with God today?

3. Where on your daily calendar do you intentionally book an appointment with Jesus?

4. What does the time and place where you have uninterrupted time with God look like?

START. STOP. KEEP.

Take some time to fill out your “Start. Stop. Keep.” in the spaces below:

As a result of what I’ve learned, I am going to **start**:

As a result of what I’ve learned, I am going to **stop**:

As a result of what I’ve learned, I am going to **keep**:



SECTION 2: HOLY SPIRIT

Understanding Personal Transformation through the Holy Spirit

Think through the following questions and then consider the work of the Holy Spirit on your own life.

CHARACTER

How does the Holy Spirit transform our character?

In your own words, how do you define character?

DESIRE

How does the Holy Spirit transform our desire?

In your own words, how do you define desire?

WILL

How does the Holy Spirit transform our will?

In your own words, how do you define will?

MEDITATE

Take a few minutes in a quiet place and think deeply on the following questions:

How have you experienced the Holy Spirit transform your character/desire/will since you started following Jesus?

What are some specific instances where you realized you were being changed by the Holy Spirit?

How do you see the Holy Spirit at work transforming you right now?

Answer the following questions from the “Walking with Jesus” PDF:

Reflection Questions:

1. How would you describe the gospel of Jesus? What does that mean to you?

2. What does it mean to abide in Christ?

3. What do you think of Jim Elliot’s quote, “He is no fool who gives up what he cannot keep to gain what he cannot lose”? What does the “Lordship of Christ” mean to you?

4. In the Mary & Martha story from Luke 10:39-42, who do you most identify with, Martha or Mary? Why?
If you were Martha ten years later, what would you say or feel about this event then?
How does this story affect you?



Transformation through the Holy Spirit Bible Study:

Use the space on this page for your notes and reflections on the Holy Spirit Bible Study (as needed).

[illegible]

Holy Spirit Reflections

It's time to pause and reflect on what you have just learned about the Holy Spirit.

In the space below, write down 1-3 statements about how the Holy Spirit is working to create change in the categories below. ***Share what you have written down with a friend for accountability.***

1. Your Character:

2. Your Desires:

3. Your Will:

The Big Red Tractor

After watching Francis Chan's "The Big Red Tractor" video, consider the following reflection questions:

1. After the video, Francis speaks of the church. As you watched the video, did you think of "movements of God" that don't require pushing and pulling from gifted humans? What were those movements?

2. Since we are walking with God the Father, Jesus the Son, and the Holy Spirit, could we see ourselves being a part of a movement that doesn't depend on our pushing and pulling? What would you imagine that looking like? Who would be involved in this movement?



SECTION 3: SHARING THE GOSPEL

Bible study on the biblical basis for personal testimony:

Use the space below to take notes on the Bible study.

[illegible]

Your Life Story

Use the three columns below to fill out the “Before, How, and After” of your testimony. Use the prompts in the course based on whether you had an early or later conversion.

[illegible]

Use the space below to write down any additional thoughts or to write out your testimony more cohesively.

SECTION 4: PRAYERFUL FAITH

Promises of God

Please take some time to reflect on the following:

Do you know any Navigators or other Christ followers from your life's journey who have clung to a promise from God's Word? What was that promise?

CONCLUSION AND REFLECTION

Use the space below to reflect on what you read in Numbers 13:1-33 and Numbers 14:1-38.

Reflect

Take some time to reflect on the following questions:

1. Write down a provision you'd like to pray a promise of God for. If it's during MPD season, what specific goal are you trying to reach? As you think on this provision or goal, what Scripture comes to mind?

2. Write down a faith initiative in your ministry that you'd like to pray a promise of God for— a target area, a people group, a neighborhood, or a dorm. Is there a Scripture that comes to mind?

3. Write down a faith initiative for your family that you'd like to pray a promise of God for.



COURSE TWO



SECTION 1: BIBLICAL FOUNDATIONS

Introduction and Bible Basics

Before we begin, reflect on the following questions:

1. Describe your current engagement with the Bible. For example, how much do you interact with it, study it, or use it? What are your emotions and attitudes toward it? What has shaped your view of Scripture?

2. How comfortable are you handling the Word of God?

3. Are there aspects of the Bible that have been points of tension for you in your walk with God?

4. Describe a meaningful or significant experience you have had with the Bible.
How did this experience with Scripture engage your heart or change your life?

Take a moment to go deeper with Psalm 19: 7-14 by reflecting on the questions below:

1. How is the Word of God described?

2. At a heart level, how do you respond to this passage?

3. Evaluate the words of your mouth and the meditations of your heart.



Foundational Understanding of Biblical Composition

Consider the following questions after having watched the BibleProject™ video called “How to Read the Bible: What is the Bible?”

1. What stood out to you from that video? Why?

2. What, if anything, was new information for you?

3. If someone asked you “What is the Bible,” how would you answer?

Four Characteristics of Scripture

Use the space below to take notes on the Four Characteristics of Scripture Bible study.

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

Main Story of Scripture

Reflect on the following questions after watching the BibleProject™ video titled “How to Read the Bible: Biblical Story.”

1. What stood out to you from that video? Why?

2. What, if anything, was new information for you?

3. How does that (the new information) help you understand the Bible's main story?

4. How would you now explain the Bible's main story to someone?

Narratives of Scripture

Use the space provided on this page to create (write, draw, sing, etc.) a simple summary of how the resource you chose expanded your view of Scripture or gave you a different framework of its storyline.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

SECTION 2: THE GOSPEL

Introduction to the Gospel

Read the quote from Tim Keller. Do you agree with Keller? Why or why not?

BIBLE STUDY

As you read through each passage, write down key words and phrases that help you understand the gospel.

Ephesians 2:1-10

Jeremiah 31:31-34

Isaiah 53

Romans 3:9-26

1 Corinthians 15:1-8

John 3:16-21

Romans 6:23

Take a moment to answer the following questions:

1. Using the key words and phrases you noticed in these passages, how would you explain the gospel?

2. What other verses come to mind that help you personally communicate the gospel? Are there any Old Testament passages that come to mind?

3. What pictures or images come to mind as you read these passages?

4. What emotions do these passages stir up in you?

5. Are there areas in your life where you struggle to believe the good news of the gospel?



Gospel Sharing Tools

Take a few moments to answer the questions below.

1. Think about a beautiful (not necessarily perfect) way someone shared the gospel with you.
What made it that way?

2. What are some ways you have communicated the gospel in the past to someone else?
How comfortable were you?

3. Think about a time when the gospel was shared in a way that was distinctly not beautiful.
How did you see the Holy Spirit work despite human error?

You were asked to choose one of three tools to help share the gospel with others: The Bridge, The Three Circles, and spoken word. Use the space below for any notes or practice you did with the option you chose, then answer the reflection questions.



Questions for Reflection:

1. Which option did you choose above? How did you adapt it to fit your context when sharing it?

2. Were any of the options for sharing the gospel above beautiful to you? What does it mean to share the gospel in a beautiful way?

A CONVICTION CAPSULE

Use the space provided to create a Conviction Capsule on the topic of: the gospel. Share your capsule with your ministry team or supervisor.

My Definition: In your own words describe the gospel.

I Believe: Create (this could be written, drawn, sung, etc.) five points communicating what you believe about the gospel and why. (Include different verses.)

1.

2.

3.

4.

5.



If - Then: Create at least five “if-then” statements that show how your walk with God and how your life as a believer will reflect what you believe about the gospel. These statements can be written, drawn, or sung, etc. (e.g. of a written statement: If I believe that God loves and forgives me, then I will love and forgive others.)

1. _____
2. _____
3. _____
4. _____
5. _____

My Life Examples: Give an example of: My life has been consistent with these truths about the gospel in that... Give an example of: My life has been inconsistent with these truths about the gospel in that...

Passing it On: I will communicate this truth to another by...

SECTION 3: INTAKING & OBEYING THE WORD OF GOD

Introduction to Intaking and Obeying the Word of God

Read through the passages provided and answer the questions for reflection:

1. What are some observations in these passages about how the Word of God transforms us?

2. How do those observations influence your view of how transformation happens?

3. What stirred in your heart (if anything) as you contemplated these passages?

Intake the Word

Based on the video “Bible Study Breakdown with Jackie” by Jackie Hill-Perry, consider the follow questions:

1. What stands out to you about what Jackie Hill Perry shared?

2. What role does prayer play in intaking the Word of God?

3. Why is it essential that we start with prayer?

4. Meditate on Psalm 119:18 and spend some time praying that the Lord will open your eyes today.



Go through each finger on the Word-Hand interactive, and complete the following for each method of intaking the Word.

FINGER 1: HEAR

1. Read the verses and meditate on how they relate to the theme of that finger. What stands out to you in these verses? Why?

2. What are some ways you can implement the way of intaking the Word discussed on that finger?

3. Look over the downloadable PDF. What creative ways to intake the Word appeal to you for this finger?

FINGER 2: READ

1. Read the verses and meditate on how they relate to the theme of that finger. What stands out to you in these verses? Why?

2. What are some ways you can implement the way of intaking the Word discussed on that finger?

3. Look over the downloadable PDF. What creative ways to intake the Word appeal to you for this finger?

FINGER 3: STUDY

1. Read the verses and meditate on how they relate to the theme of that finger. What stands out to you in these verses? Why?

2. What are some ways you can implement the way of intaking the Word discussed on that finger?

3. Look over the downloadable PDF. What creative ways to intake the Word appeal to you for this finger?

FINGER 4: MEMORIZE

1. Read the verses and meditate on how they relate to the theme of that finger. What stands out to you in these verses? Why?

2. What are some ways you can implement the way of intaking the Word discussed on that finger?

3. Look over the downloadable PDF. What creative ways to intake the Word appeal to you for this finger?



FINGER 5: MEDITATE

1. Read the verses and meditate on how they relate to the theme of that finger. What stands out to you in these verses? Why?

2. What are some ways you can implement the way of intaking the Word discussed on that finger?

3. Look over the downloadable PDF. What creative ways to intake the Word appeal to you for this finger?

Practice

Choose one of the options to practice from the PDF with options for intaking the Word. After you practice (or begin to implement) your option of choice, come back to this page and answer the questions below.

1. Which option you chose.
2. What caused you to choose that option.
3. What verses or parts of Scripture you focused on
4. What it was like to work through it.
5. A summary of what you learned, heard, were challenged, or encouraged by.

Obedience to the Word

Watch Mike Whitney's video on obedience to the Word of God. Take some time with the following questions before moving on:

1. After watching the video with Mike Whitney, what are some reasons to obey the Word of God? Which resonates with you?

2. Mike shared on James 1:22-25 and John 15:9-10. Why do you think it's important to hold onto both of these verses at the same time when thinking about obeying the Word of God?

3. How can obedience produce freedom and joy in our lives?

PRACTICING OBEDIENCE

Think about the Scripture you went through in the intaking exercise and reflect on the following questions about obedience:

1. In the Scripture upon which you reflected, what might be challenging for you to trust that what God says is true, good, loving, or wise?

2. What makes it hard for you to trust God in this area of life?

3. What would God call you to believe about yourself, about Him, and about others in regard to what He says in this passage?



4. In what areas of your life do you need to repent before you choose to obey what He says? (Think about repentance this way: Repentance is admitting to God, yourself, and others that your way of living doesn't work and you want to trust His way above yours.)

5. Is there someone you can invite into your life by sharing this answer with them?

6. How is God inviting you into deeper intimacy and trust of Him, living out what this passage says today, this week, or this season of life?

START. STOP. KEEP.

Take some time to fill out your “Start. Stop. Keep.” in the spaces below:

As a result of what I've learned, I am going to **start**:

As a result of what I've learned, I am going to **stop**:

As a result of what I've learned, I am going to **keep**:

SECTION 4: PROCESS OF SHARING THE SCRIPTURES

At the end of the “Process of Sharing the Scriptures” exercise, you are asked to create a plan that will help you engage the Scriptures with someone else. In this plan, include:

- Who you are reading the Scriptures with.
- How you will assess where they are in their journey. Are they a not-yet-believer or a believer? How will you find that out?
- What of the many different options you are going to try with them. (i.e. an IBD if they are a not-yet- believer, a lectio divina and meditating on the Word of God if they are a believer etc.)
- When you will take the first step.
- What you think success will look like.

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COURSE THREE



SECTION 1: HEALTHY RELATIONSHIPS

Spiritual Maturity & Your Five

Take a look at the “Living and Leading as an Insider” document and consider the following: let’s assume the nonbeliever is new to your neighborhood, campus, community, military base, church, workplace, etc. Through that lens, answer the following questions:

1. Which of these methods might not work in your context?

2. Which might work well?

3. What adjustments might you need to make for these methods to work in your context?

Stages of Spiritual Maturity

In the chart on the next page, you will see four columns labeled “name, stage, community, and other information.” Take a moment to think about five people inside of the Kingdom with whom you would like to minister to and five people outside of the Kingdom with whom you would like to minister. For each of those people, fill out the other three columns as defined below:

Column 1 - Names: Names of those ten people (five inside and five outside of the Kingdom).

Column 2 - Stage: Consider the stage of spiritual maturity for each person you have written down and note the stage you believe them to be in based on your best ability to discern with the knowledge you have. (Use the chart from Coach the Bible, which is referenced in the course.)

Column 3 – Community: How would you define the community each of these ten people are a part of? When you think about their community, what do you know about the spiritual maturity of the people in their life?

Column 4 – Other Information: Consider what you currently know about these people in your life. Jot down some of these things (affinities, hobbies, friends, etc.)



Your Five

Consider the following questions in regard to the “How’s Your Five” video:

1. Do you currently have these five people in your life? Where are gaps that stand out?

2. Have transitions in your life affected any of these relationships? If so, which one(s)?

3. Which of these relationships do you feel the Lord is asking you to seek out?

4. How would your life and ministry be different or more impactful if you gathered these five types of people around you? If you already have all five types of people around you, consider how each of them enriches your life and ministry - thank God for the gift that they are in your life!



SECTION 2: DISCIPLEMAKING COMMUNITIES

Characteristics of Community

Considering the Navigator's calling and community, answer the following questions:

1. What would it look like to carry out the Navigator calling as individuals?

2. Dream big - what could this look like if carried out in a discipling community?

3. What are the differences between how it plays out individually and in a community?

Use the space below to take notes on the "Environments of Grace and Truth" Bible study

SECTION 3: BIBLICAL CONFLICT RESOLUTION

Resources for Conflict Resolution

Take some time answering the questions below about your experience with conflict resolution:

1. Are you a person who likes to resolve things? Why do you think you are or are not?

2. How would you describe your approach to resolving conflict? What about approaching conflict is challenging to you? From your past, what do you think influences the way you view conflict?

After watching the video of Navigators sharing their experiences with conflict resolution, answer the following questions:

1. What stood out to you from the video?

2. What would you like to practice from the video?

3. Natasha mentioned a commitment she made towards conflict resolution found in Ephesians 4:2. What would it look like to apply that same commitment to your life?



Use the space below to take notes and answer questions from the Building Bridges PDF.

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

Resolving Conflict

After going through the conflict resolution material, answer the following questions:

1. In thinking of one of your current or past relationships, which of the 5 verses above would be helpful to repair or strengthen a challenging relationship?

2. Would any of your relationships benefit from the use of this material on conflict resolution?

3. Looking at your calendar, when would be the best time to practice these new skills, and who might you share this with?

START. STOP. KEEP.

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As a result of what I've learned, I am going to **keep**:



SECTION 4: INTERDEPENDENCE & COMMUNITY

Biblical Unity

After watching the video “Unity in the Body of Christ,” answer the following questions:

1. Thinking about your past efforts with people in your community, what two measurable things might God be asking you to do after you’ve watched this video?

2. As you watch the video, what do you feel God is asking you to repent of when engaging with others in the Body who may be different?

3. Where is God prompting you to engage cross-culturally toward building unity? If He is not prompting you, why do you think that is?

Listen to the “Unity that Brings Revival” sermon by A.W. Tozer and refer to the accompanying PDF. Use the blank space on the next page to answer the application questions at the bottom of the PDF and to write down two action steps from the sermon that you are willing and able to make this week.

After watching the video from Max Lucado, reflect on the following questions:

1. As Max mentions driving with your family, what past challenges with someone in life or ministry come to mind? Stop right now and talk to our Father (who is driving the car) and ask Him what He would have you do differently in the future.

2. What about the difficult person in your ministry? How do you discern if God wants you to embrace your different family member so the car ride is smoother for everyone? Are you a foot, hand, or the stomach?

3. Is there another member of God's great big family that you have subconsciously avoided over time? What action could you take this week or month to model biblical unity and reconciliation with someone who is different than you or rubs you the wrong way? Who are you going to tell this step to for help in accountability?



COURSE FOUR



SECTION 1: A PLAN TO ENGAGE

Making a Plan to Engage

Thinking back on Core 101-301, answer the following questions:

1. Through Core Training courses 101-301, what have you learned or experienced about God (Father, Son, and Holy Spirit)?

2. Through Core Training, what have you learned about yourself and people in general?

Inductive Bible Study

1. OBSERVATION – ANSWER THE QUESTION: “WHAT DO I SEE?”.

Answer the following observation questions about the passage you chose above:

1. **Who:** Who wrote the passage? What does the passage state about the author? Who was the author writing to? What does the passage say about the recipient(s)?

2. **What:** What are the main ideas? What terms or phrases are important to the main ideas, and how are they used? Which of the word associations listed in the course appear in the text?

3. **When:** When was the passage written? (i.e., what details about the time period are mentioned in the passage?)



4. **Where:** Where does the action in the passage take place?

5. **Why:** What problems or questions are addressed in the passage? What has happened that prompted the author to write the passage? What does the passage teach about God?

6. **How:** How are main ideas communicated (e.g., via a sermon, illustration, or a letter)? How did the recipients respond?

Look back over all of the observations you made answering the questions above. Summarize what you learned in this phase of the study:

2. INTERPRETATION– ANSWER THE QUESTION, “WHAT DOES THIS PASSAGE MEAN?”.

Answer the following interpretation questions about the passage you chose above:

1. What does this passage mean? What is being said? Attempt to discover the actual meaning of the passage.

2. What was the author trying to say to his original readers, and how would the original readers have understood this passage?

3. What is the author trying to say to me? Keep in mind that there is often significant distance (historical, political, societal, cultural, geographical, covenantal, and positional -- to name just a few) between ourselves and the original readers

4. Why is this passage here, and what is the theological significance of the text?

5. Cross-References: Are there any cross-references for the passage you chose?

6. The meaning of a passage can be further defined by the use of secondary sources such as concordances, Bible dictionaries, handbooks, atlases, and commentaries. Do you need to consult any of those resources before you summarize your findings?

Look back over your answers to the questions above and summarize what you learned in the interpretation phase.

3. APPLICATION- ANSWER THE QUESTION, "IF THIS PASSAGE IS TRUE, HOW AM I INVITED TO TRUST GOD AS I APPLY HIS WORD TO MY LIFE?"

Think through the following questions:

1. Where in this passage is it hard for me to trust what God says is true, good, loving, and wise?



2. What makes it hard to trust God in this area of my life?

3. What would God be calling me to believe about Him, myself, and others regarding this passage?

4. What would God be calling me to act on or do in this passage?

5. Do I need to personally repent of anything as I have studied this passage? (Think about repentance this way: Repentance is admitting to God, yourself, and others that your way of living doesn't work, and you want to trust His way above yours.) Is there someone you can invite into your life by sharing this answer with them?

6. How is God inviting me into a deeper intimacy and trust in Him by living out what this passage says today? This week? This season of life?

Look back over your answers to the questions above and summarize what you learned in this phase.

4. IMAGE- LET'S GET CREATIVE WITH OUR FINAL SUMMARY!



ROADBLOCKS TO ENGAGING

After reading the “Redefining Evangelism” article, answer the following questions:

1. What stood out to you in the article?

2. How do Doug and Pam redefine evangelism?

3. How does that help refine your view of engaging with those who don't know Christ?

Many things can stop us from engaging with those who don't know Christ. Choose the option that you identify with the most and use the blank space below to journal and process.

HOW TO ENGAGE

PERSON OF PEACE

After watching the video about a “person of peace,” answer the following questions:

1. What stood out to you in the video?

2. What are some common characteristics of a person of peace?

3. What other Scriptural examples of a person of peace come to mind? Describe the scenario, both who it was and what happened.

4. We don't just want to find persons of peace, we also want to become people of peace. What do you think this looks like for you?

TOOLS TO HELP

After choosing to pray through your neighborhood or create an Oikos map, answer the following:

1. Which option did you choose above? Why did you choose that option?

2. How would you adapt it to fit your context?



3. How can it help expand your view of how to engage with those who don't know Christ?

4. What do you think our posture should be as we engage with others through these tools?

POSTURE

After watching the video about posture, answer the following:

1. As referenced in the video, read over Philippians 2:1-11. What do you think it looks like to have a posture of humility as we engage with those who don't know Christ?

2. Now consider this question again: We don't just want to find persons of peace, we also want to become people of peace. What would it look like for you to become a person of peace?

S.M.A.R.T. GOAL

Using the tool you chose above (an Oikos map or a neighborhood prayer guide), make a S.M.A.R.T. goal to use that tool to engage with those who don't know Christ in the space below:

SECTION 2: SPIRITUAL CONVERSATIONS

Understanding your Audience

FOOTBALL FIELD OF FAITH

Thinking of people in your network, how might a Football Field of Faith help you in your work with them?

Consider that spiritually moving conversations with people can begin with God's value for justice. Is there someone with whom you can have a conversation about justice? Could it have potential to produce a conversation about the gospel? Write their name down here. _____

SHAW (Sexual Health and Wholeness)

THE GOSPEL OF SEXUALITY

Watch the video on "The Gospel of Sexuality" and answer the following:

1. What stood out to you from the video?

2. Is there something you learned from the video that you would like to share with someone else?

ASK TOOL

Watch the video on the ASK tool and answer the following questions:

1. How might the ASK tool help you in your ministry?



Look for the following answers in Job 31, and respond to them in the spaces provided below:

1. How should a believer lead the way in providing justice?

2. Can a believer worship wealth, astrology, and horoscopes while also worshipping God?

3. What causes so many Christians to struggle with pornography and other sexual sins?

START. STOP. KEEP.

Take some time to fill out your “Start. Stop. Keep.” in the spaces below:

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As a result of what I've learned, I am going to **stop**:

As a result of what I've learned, I am going to **keep**:

SHARING THE GOSPEL

MOVING FROM FAMILIAR TO UNFAMILIAR

Consider the areas which you are comfortable in when sharing the gospel, and those which you would like to grow in. Use the space below to reflect.

ACTION STEP:

Rewrite your testimony using your notes from Core 101 and the testimony document provided. Use the space provided below.



COURSE FIVE



SECTION 1: PIONEERING PERSONAL MINISTRY

Introduction to Pioneering

To begin, how would you answer the following?

1. Describe your current understanding and vision regarding spiritual generations based on the Scriptures.

2. Describe your past and current experience, if any, with being discipled and discipling others.

3. Would you say that you have pioneered personal ministry (individually or with a team) in a new context to lay the foundation of generational ministry? If so, describe this experience, lessons you have learned, and how you feel about them.

After meditating on the verses, answer the following questions:

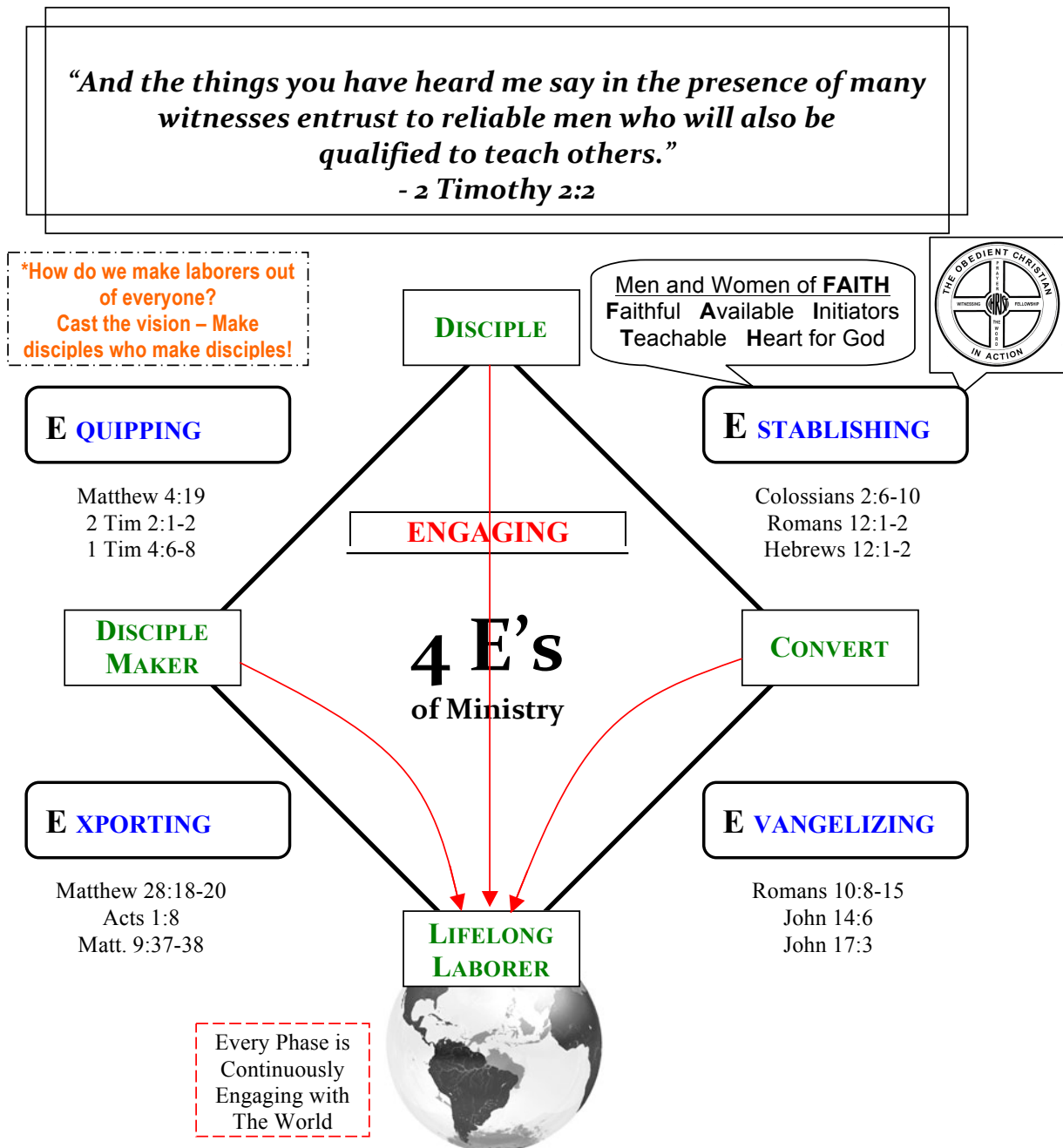
1. What do you see of God's heart, vision, actions, and instructions for His children?

2. How do you see yourself as part of this plan?



[illegible]

WHY SPIRITUAL GENERATIONS?



The Ministry Process: What is the process between each?

- Convert – Desires spiritual milk and an understanding of the Gospel
- Disciple – Craves meat and lots of Follow-Up; Become a man/woman of FAITH
- Disciple Maker – Needs Equipment for a Lifetime Ministry Lifestyle
- Laborer – Lifestyle Decisions, Strategy for Intentional Living, Vision for Reproducing, Meeting people where they are & Makes Laborers for Generations to come

Christianity Today: Many Converts, Few Disciples, Fewer Laborers

Where are you? Where do you need to be/want to be? Where will you be in one year?



A CONVICTION CAPSULE

Use the space provided to create a Conviction Capsule on the topic of reproducing spiritual generations. Share your capsule with your ministry team or supervisor.

My Definition: In your own words, describe reproducing spiritual generations.

I Believe: Create (this could be written, drawn, sung, etc.) five points communicating what you believe about reproducing spiritual generations and why. (Include different verses.)

1.

2.

3.

4.

5.

If - Then: Create at least five “if-then” statements that show how your walk with God and your life as a believer will reflect what you believe about reproducing spiritual generations. (These statements can be written, drawn, sung, etc. (E.g. of a written statement: If I believe that God loves and forgives me, then I will love and forgive others.)

1.

2.

3.

4.

5.

My Life Examples: Give an example: My life has been consistent with these truths about making disciples that make disciples in that... Give an example: My life has been inconsistent with these truths about making disciples that make disciples in that...

Passing it On: I will communicate this truth to another by...

Now it's time to make your own resistance plan! Take some time to consider potential hindrances that you might encounter using the format below:

1. Opposition - What opposition signs do I recognize, and what will I do to combat these?

2. Attention - What situations and/or relationships could keep me from making the time to invest in others, and how could I involve my important relationships? What could be some safeguards I or we could implement?



3. Pleasing Others -How could I trust God to bring the person(s) that He would want me to invest in?

4. Perseverance - How can I ensure my perseverance towards this goal? Is there a person or a group of people with the same heart that I could ask to pray for me or could commit to regularly meeting with? Would I do this even if I wasn't on staff?

5. Energy - What do I need to say "no" to so I can save my energy for the things that God has called me to?

6. Taking the Initiative - What are some signs that I need to be aware of in someone that God may have me initiate in sharing the love of Christ and gospel with?

7. Time - How can I regularly evaluate the use of my time to ensure that I'm prioritizing it how God would have me in this season of my life while prioritizing the vision of reproducing spiritual generations?

SECTION 2: FOLLOW-UP

The Need of the Hour

When finished listening to “The Need of the Hour,” answer the following questions:

1. What are my key takeaways from this message, and how could I journal or creatively express my response to God about them?

2. How might I share this information with someone else? (How could I illustrate this or explain a way that a child could understand?)

Spend some time with the “Born to Reproduce” document, the answer the following questions:

1. What are my key takeaways from this message, and how could I journal or creatively express my response to God about them?

2. How might I share this information with someone else? (How could I illustrate this or explain a way that a child could understand?)



After reading the document about the follow-up, answer the following questions:

1. What are the key attitudes and ingredients of follow-up expressed in this document?

2. Note the key attitudes and ingredients of follow-up from the passage you chose.

Spiritual Generations Video

After watching the spiritual generations video, answer the following questions:

1. What did you notice as key ingredients that helped these women get established in their faith?
What did they pass on to one another?

2. What has helped you establish your faith? What have you learned from others which you would like to pass to future spiritual generations?

SECTION 3: HELPING ANOTHER

Principles of Learning

Use the space below to take notes on the option you chose.

The “With Him/Her” Principle

After reading the article, answer the following questions:

1. Consider areas of your life where you experienced someone “being with you”. What principles could you learn from these experiences?

2. Ask God for someone with whom you could “be with” to apply these principles.



Make a S.M.A.R.T. Goal

Use the space below to work out your S.M.A.R.T. Goal.

FIVE TRAITS OF A DISCIPLEMAKER

Next to each trait below, choose at least one principle, conviction, tool, or task, and make a plan to pass it on to someone else who will continue passing it on!

Trait One: Abiding and Walking with Jesus –

Trait Two: Knowing and Living the Scriptures –

Trait Three: Participating in Community –

Trait Four: Engaging with Those Who Don't Know Christ –

Trait Five: Reproducing Spiritual Generations -



SECTION 4: MOBILE ALONGSIDERS

Mobile Alongsiders Bible Study: Use the space below to take notes as you go through this study.

After completing the study, answer the following questions:

1. What is needed to develop mobile alongsiders? What examples did you notice from the Scriptures about how Paul developed mobile alongsiders?

2. If you are walking alongside another, how is it going? If not, have you had someone walk alongside you?

3. Which primary contributions/functions or competencies of a mobile alongsider do you find most challenging or intimidating? Why?

4. What step(s) can you take to grow in the principle(s) you identified in question three? Who could help you in your growth?

5. How do these functions help in fulfilling our Calling, Values, and Vision as Navigators?

After watching the testimony from Charmaine, Delphina, and Karen, answer the following questions:

1. Think back to Randy's "Principles of Learning" video in lesson 6. Which principles of learning did the women mention or emulate in their testimonies? How would you emulate one of the principles? Why or why not?

2. What observations can you make about how Karen came alongside Delphina as she began to help others? How about Delphina to Charmaine?

3. How do you see the importance of visiting, observing, listening, and asking questions to understand the person's life and cultural contexts in order to help them and those they are helping?

START. STOP. KEEP.

Take some time to fill out your "Start. Stop. Keep." in the spaces below:

As a result of what I've learned, I am going to **start**:



As a result of what I've learned, I am going to **stop**:

As a result of what I've learned, I am going to **keep**:

Five Traits Reflection

Write a one sentence summary of each of the five traits that you would use to explain to someone else and include one verse for each one. What do you want to ensure you remember about each trait? Spend a few minutes praying that the Lord would seal these into your heart and mind.

1. Abiding and Walking with Jesus

2. Knowing and Living the Scriptures

3. Participating in Community

4. Engaging with those who don't know Christ

5. Reproducing Spiritual Generations

COURSE SIX



SECTION 1: OVERVIEW OF THE NAVIGATORS

History of The Navigators

After watching the video “Looking Back on Where We’ve Been,” answer the following questions:

1. What key characteristics of Dawson Trotman were mentioned in the video?

2. Which of these have you practiced in your life and ministry?

3. Name two key promises of Daws that were quoted along with their references.

4. Recall some key events and ministries that were mentioned and/or displayed in the video.
What stood out to you about these events and ministries?

The Promises of God

After watching the video “Hike to Dawson Trotman’s Grave,” answer the following questions:

1. What captured your heart and mind from these stories?

2. What promises are you asking God to fulfill in and through your life and ministry?

3. What are you trusting God to do through your life and ministry?

4. Two of Dawson's key promises were Isaiah 58:9-11 and Isaiah 61:1-3. As you read those, what stands out to you? What do you want to ask God for in response to those promises?

The Worldwide Partnership

1. What experiences or exposure have you had with The Navigators Worldwide Partnership?

2. What experiences would you like to have?



SECTION 2: NAVIGATOR TOOLS

Navigator Tools

THE WHEEL

After going through the material on The Wheel, answer the following questions:

1. When have you shared The Wheel with someone?

2. Looking at Patriece's presentation of The Wheel, how would you share it similarly?
How would you share it differently?

OPTIONAL ASSIGNMENTS

Use the space below for any notes if you choose to do one of the optional assignments.

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SECTION 3: MEMORIZING SCRIPTURE

The Importance of Scripture Memory

Which five motivations did you choose for memorizing Scripture?

What hinders you from memorizing Scripture?

What have you found helpful in addressing those hindrances?

After reading through Deuteronomy 6 and engaging with the options, answer the following questions:

1. What new insights did the Lord show you?

2. Using these insights, how would you explain the importance of Scripture memory to a new believer?

3. List at least three promises God has given us if we remember and live according to His Word.



4. List three motivations you have for memorizing Scripture.

Topical Memory System and Memorization Plan

After watching the video called “History of the Topical Memory System,” answer the following questions:

1. What did you find interesting about the history of the TMS?

2. If you have used the TMS, what are some of your favorite verses?

3. What are some verses you have added to your TMS collection?

After reading the article “When Scripture Makes Your Heart Sing,” answer the following questions:

1. What stood out to you as you read this?

2. What is the Holy Spirit saying to you right now?

3. How would you explain how Scripture memory brings joy to your heart?

START. STOP. KEEP.

Take some time to fill out your “Start. Stop. Keep.” in the spaces below:

As a result of what I've learned, I am going to **start**:

As a result of what I've learned, I am going to **stop**:

As a result of what I've learned, I am going to **keep**:

Use the space below to take notes as you create your Scripture memory plan



SECTION 4: WHAT IT MEANS TO BE A NAVIGATOR

Calling, Values, and Vision

Take some time to reflect on the Navigator Core Values with the following questions:

1. Which value do you identify with most easily?

2. Which value continues to be a part of your ongoing journey?

3. Write a prayer for God to continue to help you and other Navigators see the work of the Holy Spirit as He moves these values deeper into the core of our being.



Core Training Reflection

Use the space on this page to journal, reflect, draw, or express yourself in any way you choose as you process the questions.

